

パーソナル・トレーナー料金改定

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新料金改定日 2025年5月1日

プログラム種別	旧料金 (税込)	新料金 (税込)	
PERSONAL TRAINING	¥4,400	¥5,500	
	¥5,500	¥6,600	
	¥6,600	¥7,700	
	¥7,700	¥8,800	
	¥8,800	¥9,900	
	¥9,900	¥11,000	
SPRINT KIDS	¥4,400	¥5,500	
	¥5,500	¥6,600	
	¥6,600	¥7,700	
	¥7,700	¥8,800	
	¥8,800	¥9,900	
	¥9,900	¥11,000	
LONG DISTANCE	¥4,400	¥5,500	
	¥5,500	¥6,600	
	¥6,600	¥7,700	
	¥7,700	¥8,800	
	¥8,800	¥9,900	
	¥9,900	¥11,000	
TW GOLF PROGRAM (PERSONAL TRAINING)	¥4,400	¥5,500	
	¥5,500	¥6,600	
	¥6,600	¥7,700	
	¥7,700	¥8,800	
	¥8,800	¥9,900	
	¥9,900	¥11,000	
STRIKE ARTS	¥4,400	¥5,500	※45min
	¥5,500	¥6,600	※45min
WATANABE GOLF PROGRAM	¥13,200	¥14,300	
EZURE GOLF PROGRAM	¥17,600	¥18,700	

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プログラム種別	旧料金 (税込)	新料金 (税込)	
PERSONAL TRAINING 30	¥2,200	¥2,750	
	¥2,750	¥3,300	
	¥3,300	¥3,850	
	¥3,850	¥4,400	
	¥4,400	¥4,950	
	¥4,950	¥5,500	
PT LIVE	¥4,400	¥4,950	
PERFORMANCE UP - STRETCH	¥3,300	¥3,850	
TW REFORMER	¥4,400	¥4,950	
	¥5,500	¥6,050	
TW SWING / THROWING	¥4,400	¥4,950	
	¥5,500	¥6,050	
TW RECONDITIONING	¥4,400	¥4,950	
TW YOGA	¥4,400	¥4,950	
	¥5,500	¥6,050	
TW PILATES	¥4,400	¥4,950	
	¥5,500	¥6,050	
TW SLACKLINE	¥4,400	¥4,950	
TW LADDER BARREL	¥4,400	¥4,950	
	¥5,500	¥6,050	
RECONDITIONING	¥4,400	¥4,950	
REDCORD	¥4,950	¥5,500	

は外部講師となります